



Year 11			
Autumn 1			
	Lesson Topic	Learning Objective	Theme
1	Decision making: Choosing your Post 16 pathway and Preparing for Personal Guidance Meetings	- Identify their post-16 options and the factors that influence career decisions, including their interests, skills, strengths and values. - Understand how to make informed decisions about their future, using careers information, advice and guidance to plan their next steps. - Recognise the purpose of a one-to-one careers guidance session and reflect on their career journey, identifying personal goals and priorities for the future.	Living in the Wider World Careers Education Gatsby 2,7,8
2	Mock Interview Launch	- Understand the purpose of mock interviews and explain how they help develop confidence, communication and employability skills. - Identify effective interview preparation strategies, including researching an organisation, preparing answers and demonstrating professional behaviour and appearance. - Reflect on their personal strengths and areas for development, setting targets to improve their performance in future interviews	Living in the Wider World Careers Education Gatsby
3	What are my employability skills and CV updating	- Understand the importance of recording their experiences, achievements and skills to support future education, training and employment opportunities. - Identify strategies for building and maintaining a positive CV, resumé and online presence, recognising the impact these can have on career opportunities.	Living in the Wider World Careers Education Gatsby 2,3,8



		Recognise the value of feedback and new experiences, explaining how challenge, support and self-reflection contribute to personal and career development.	
4	How to write an effective Application Form	- Understand the purpose of application forms and explain how they are used by employers, colleges and training providers to assess candidates. - Identify the key sections of an application form, including personal details, education, skills, experience and achievements, and understand how to complete them accurately. - Apply effective written communication skills to complete an application form clearly, professionally and with attention to detail.	Living in the Wider World Careers Education Gatsby 2,6,7
5	Complete Mock Interview Applications	- Prepare for interviews – Students will be able to submit completed CVs and application forms as part of their interview preparation. - Demonstrate attention to detail – Students will be able to ensure applications are accurate, professional, and tailored to the role. - Reflect on readiness – Students will be able to self-assess their preparation and identify areas to strengthen before the mock interview.	Living in the Wider World Careers Education Gatsby 2,6,7
6	Mock Interview Preparations: Labour Markets and Career Research	- Prepare for a mock interview by completing and reviewing their CVs, application forms and supporting documents. - Demonstrate attention to detail by ensuring application materials are accurate, professional and appropriate for the role or opportunity.	Living in the Wider World Careers Education Gatsby 2,6,7



		Reflect on their interview readiness by identifying strengths and setting targets for improvement before participating in a mock interview.	
7	Mock Interview Preparation: Questions and Manners	- Identify common interview questions and prepare effective responses that highlight their skills, experiences and strengths. - Demonstrate professional interview behaviour, including appropriate body language, communication and etiquette. - Apply their interview skills in a mock interview, responding confidently, clearly and respectfully to questions and feedback.	Living in the Wider World Careers Education Gatsby 2,6,7
8	Interview Preparation and Reflections	- Demonstrate effective interview skills by participating in a mock interview and applying appropriate communication, manners and professional behaviour. - Reflect on their interview performance, identifying strengths, areas for development and key learning points from the experience. - Use feedback to set targets for improvement, helping them prepare for future interviews, applications and employment opportunities.	Living in the Wider World Careers Education Gatsby 2,6,7
Autumn 2			
	Lesson Topic	Learning Objective	Theme
1	Post 16 Talk, Apprenticeships VS Higher Education	Understand the range of post-16 pathways available, including sixth form, college, apprenticeships, training and employment.	Living in the Wider World



		- Evaluate which post-16 options best match their skills, interests and future career aspirations. - Identify reliable sources of careers information, advice and guidance to help them make informed decisions about their next steps.	Careers Education Gatsby 2,3,6,7
2	Revision	Spring Assessments	
3	Revision	Spring Assessments	
4	Yearbook	- Reflect on their time at school, identifying key experiences, achievements and personal growth throughout their school journey. - Contribute to the creation of a yearbook by producing thoughtful content such as messages, memories, photographs or creative work. - Celebrate the achievements of their peers and school community, recognising the positive impact of shared experiences and accomplishments.	Living in the wider world
5	Stress and Sleep	- Understand how stress can affect mental and physical health, recognise common warning signs of stress, anxiety and low mood, and know where to access support. - Explain the importance of healthy lifestyle choices, including sleep, diet and exercise, and how these contribute to wellbeing, concentration and academic performance. - Apply practical strategies to manage stress and improve wellbeing, including sleep routines, time management, relaxation techniques and seeking appropriate help when needed.	Health and Wellbeing HP6, MW2



6	Finances (Mortgages including Renting and Tenancy Agreements)	- Understand the purpose of mortgages and tenancy agreements, explaining how people buy or rent a home and the responsibilities involved in each option. - Identify the key financial considerations of housing, including deposits, rent, interest rates, mortgage repayments and the overall cost of living independently. - Evaluate the affordability and risks of different housing choices, using real-life or hypothetical scenarios to make informed financial decisions.	Living in the wider world Financial Literacy
7	Finances (Complex budgeting (rent, bills, transport) - Banking products: overdrafts, loan)	- Create and manage a realistic budget, identifying essential living costs such as rent, bills, food and transport, and understanding how to balance income and expenditure. - Understand the purpose, benefits and risks of common banking products, including current accounts, overdrafts, loans and credit. - Apply financial decision-making skills to make informed choices about spending, borrowing and saving, helping them manage money responsibly and avoid unnecessary debt.	Living in the wider world Financial Literacy
Spring 1			
	Lesson Topic	Learning Objective	Theme
1	Suicide Prevention	- Recognise some of the warning signs that may indicate a young person is struggling with thoughts of suicide or experiencing a mental health crisis. - Understand how to respond safely and supportively to a friend who may be struggling, including the importance of listening, not keeping harmful secrets, and involving a trusted adult.	Living in the Wider World
2			Citizenship Curriculum



		Identify trusted sources of help and support for themselves and others, knowing when and how to seek help from family members, school staff, health professionals, or emergency services.	
3	Extremism and Radicalisation	- Understand what extremism and radicalisation are, including how people may be influenced by extremist ideas both online and offline. - Recognise that there are different viewpoints on social and political issues and develop the skills to critically evaluate information and challenge extreme or harmful beliefs. - Explain how British Values—including democracy, the rule of law, individual liberty, mutual respect and tolerance—help to promote inclusion and prevent extremism, and identify how to seek support if they are concerned about themselves or others.	Living in the Wider World Citizenship Curriculum British Values RR4
4	Societal Norms: Drugs, Peer Pressure and Addiction	- Understand the impact of substance use and misuse on physical and mental health, and recognise how it can affect individuals, families and communities. - Identify the wider risks associated with illegal substance use, including consequences for personal safety, relationships, education, employment and future opportunities. - Evaluate the short- and long-term consequences of substance misuse and apply strategies to make informed, healthy and responsible decisions.	Health and Wellbeing DATV1, DATV 2, DATV5, MW9
5	Vaping and THC Vapes	Understand the differences between nicotine vapes and THC vapes, including their contents, intended effects and legal status.	Health and Wellbeing



		- Recognise the health, legal and safety risks associated with vaping and THC vape use, including addiction, unknown substances and potential impacts on physical and mental wellbeing. - Evaluate influences on vaping behaviour and apply strategies to make informed, safe decisions, including resisting peer pressure and accessing reliable sources of support and information.	PS1, PS2, DATV7, OSA8
6	Gambling	- Understand what gambling is and identify the potential risks associated with gambling, including financial, emotional and social harms. - Recognise how factors such as advertising, social media, peer influence and online gaming can affect attitudes towards gambling and risk-taking. - Apply strategies to make safe and informed decisions, knowing how to resist pressure to gamble and where to access support if they are concerned about their own or someone else's gambling behaviour.	Health and Wellbeing WO4, MW8
Spring 2			
	Lesson Topic	Learning Objective	Theme
1	Dealing with Exam Stress	- Understand the causes and effects of exam stress, recognising how stress can affect mental health, physical wellbeing and academic performance. - Identify their own stress triggers and warning signs, reflecting on situations, thoughts and behaviours that may increase pressure during exam periods.	Health and Wellbeing



		Apply practical strategies to manage exam stress and maintain wellbeing, including effective revision planning, healthy lifestyle choices and accessing support when needed.	
2	Revision	Mock Exam Week	
3	Relationship Expectations and Ending relationships	- Understand the range of emotions that can occur during different stages of relationships, including friendship changes, break-ups, separation, divorce and bereavement. - Identify healthy strategies for managing changes and endings in relationships, demonstrating safe, respectful and responsible ways to cope with difficult situations. - Recognise sources of support for grief and relationship loss, knowing when and how to seek help for themselves or others.	Relationship Education F6, F8, RR1, RR7, BS9, BS10, BS11, BS16
4	Harmful Sexual Behaviours and Readiness for Sex	- Assess their readiness for intimate relationships and sexual activity, including online sexual activity, by considering personal values, consent, boundaries and emotional readiness. - Understand the importance of healthy, respectful and equal relationships, recognising how effective communication and mutual consent support positive decision-making. - Explain why violence against women and girls is a social issue that needs to be addressed, and identify how individuals, communities and society can challenge harmful attitudes and behaviours.	Relationship Education F8, RR1, RR8, ISR2, ISR11, ISR12, BS5, BS6, BS7, BS8, BS16

5	Coercive Relationships and Domestic Abuse	- Recognise the warning signs of unhealthy and abusive relationships, including manipulation, coercion, controlling behaviour, online harassment and exploitation. - Understand the law relating to relationship abuse, including coercive control, domestic abuse, harassment and the legal protections available to victims. - Apply strategies to respond safely to abuse and seek support, identifying trusted sources of help and understanding the importance of accessing support for themselves or others.	Relationship Education F8, RR6, ISR1, ISR2, ISR3, ISR4, ISR5, ISR10, ISR11, ISR12, BS6, BS7, BS8, BS9, BS10, BS11, BS16
6	Roles and Relationships: Marriage (Forced), Civil Partnerships, Adoption and Abortion	- Understand the importance of stable, committed relationships, including the legal rights and protections provided by marriage and civil partnerships. - Recognise that long-term relationships can take different forms, and understand the legal status and responsibilities associated with these relationships. - Explain why some people choose to adopt or foster children and understand the positive role that adoptive and foster families play in providing safe and supportive homes.	Relationship Education F5, RR1, BS12
Summer 1			
	Lesson Topic	Learning Objective	Theme
1	Being a parent	- Identify the key skills and qualities needed for effective parenting, including communication, responsibility, patience and providing emotional support. - Understand the opportunities and challenges associated with young parenthood, including the impact on education, employment, finances and wellbeing.	Relationship Education F6, F7



		Recognise the support available for parents and families, identifying services and sources of advice that can help families meet their needs and provide positive outcomes for children.	
2	Making choices around pregnancy	- Understand fertility, pregnancy and reproductive health, including factors that can affect fertility, healthy pregnancy choices, and the impact of lifestyle decisions on a developing foetus. - Recognise the emotional and physical experiences associated with pregnancy, including unplanned pregnancy, miscarriage and fertility difficulties, and understand that people may respond to these experiences in different ways. - Identify the options and support available for pregnancy-related decisions, including where to access accurate, impartial advice and support about pregnancy, parenting, adoption and reproductive health.	Relationship Education F6, F7, DB4, HP7, ISR7
3	First Aid	- Revisit the key steps involved in an emergency first aid response, including assessing a situation, contacting emergency services and keeping themselves and others safe. - Demonstrate confidence in performing life-saving first aid skills, including CPR and the safe use of a defibrillator. - Apply first aid knowledge and skills to realistic scenarios, making informed decisions about how to respond in an emergency.	Living in the Wider World BFA1, BFA 2, BFA 3
4	Revision	Summer Exams Preparation	
5	Revision		

