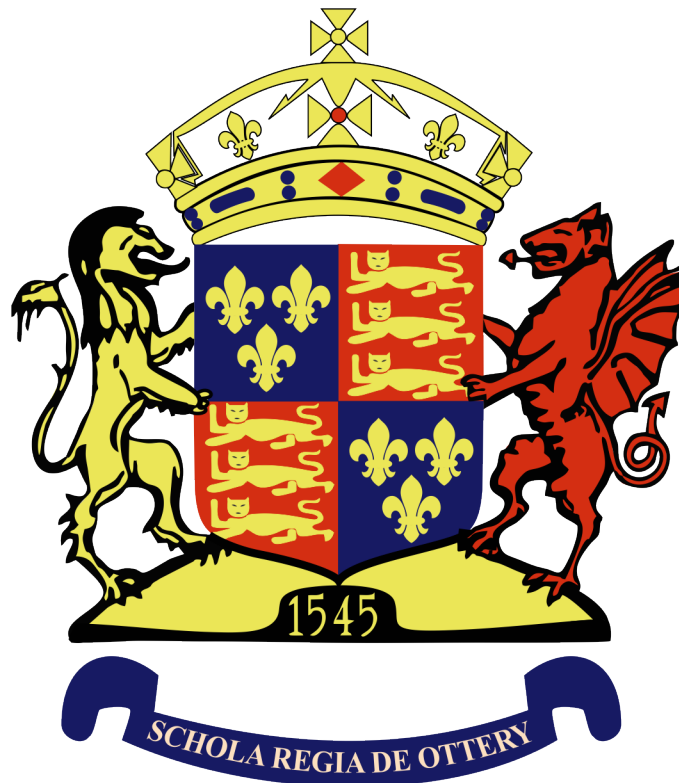




PSHE & Citizenship Policy

The King's School
Cadhay Lane
Ottery-St-Mary
Devon
EX11 1RA

Policy Change Control

Policy Owner	AHT Post 16
Approved By	Curriculum Committee
Date of Last Approval	January 2026
Next Revision Due	January 2029

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Aims of the PSHE and Citizenship Programme

The King's School believes that PSHE and Citizenship is an educational entitlement of all young people and an integral part of each young person's emergence into adulthood. The school curriculum should aim to promote young peoples' spiritual, moral, social and cultural development and prepare all young people for the opportunities, responsibilities and experiences of life. In particular the school believes that there is a direct correlation between social development and academic success and therefore places a high emphasis on this subject. The PSHE and Citizenship provision in the school will assist young people to:

- Stay as healthy as possible
- Keep themselves and others safe
- Develop independence and responsibility
- Feel positive about themselves
- Make the most of their own and others' abilities
- Participate and play an active role as citizens
- Make real choices and decisions
- Develop worthwhile and fulfilling relationships
- Consider social and moral dilemmas that they come across in life
- Deal with risk and meet the challenges both now and in the future
- Respect differences between people
- Know where to find information and advice
- Prepare for change and adult life
- Value their achievements
- Identify their values and strive to live up to them
- Awareness of financial capability

This will assist our school to reflect its ethos and mission statement by encouraging young people to:

- Relate positively to the school community, neighbourhood and local community
- Raise standards of attainment by young people who are more secure, motivated, confident and independent learners
- Help promote equal opportunities for all
- Improve the health and well-being of our young people and the whole school community
- Develop the skills to build their resilience

Other school policies which have relevance to PSHE and Citizenship include:

- Behaviour
- Anti-Bullying
- Child Protection
- Equality statement
- Outdoor education, trips and visits
- Special Educational Needs
- Drugs Education
- Relationships and Sex Education
- Careers Education, Information, Advice and Guidance policy

School Ethos

The PSHE and Citizenship programme will reflect the school's over-arching aims and supportive school ethos, where all are valued and encouraged, positive relationships are seen as important and there is a safe and secure school environment which is conducive to learning.

All are encouraged to promote the following values:

- Respect and valuing themselves and others
- Understanding and sensitivity towards the needs and values of others
- Responsibility for their own actions
- Responsibility to their family, friends, school and wider community

Equal Opportunities Statement

The King's School is committed towards equal opportunities in all aspects of school life. All resources used and teaching and learning will support this commitment. The School is committed to fulfilling its duties under the Equality Act 2010. As part of our PSHE and Citizenship programme, we ensure that teaching explicitly promotes understanding of the nine protected characteristics.

Curriculum Content

PSHE and Citizenship help to provide young people with the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens with a healthy respect for British Values.

In this school PSHE and Citizenship is delivered within a whole school approach (KS3-KS5) which includes:

- Discrete curriculum time
- Teaching PSHE and Citizenship through and in other subjects/curriculum areas, including RPE, Geography, History, English, PE and ICT (and Maths)
- Teaching elements of the PSHE and Citizenship curriculum through the statutory Science KS3 and KS4 curriculum
- Through PSHE, Citizenship and Careers activities and other school events
- Through pastoral care and guidance
- At KS5 this is also delivered through the tutor programme

The King's School delivers the statutory Health Education curriculum as set out in the Department for Education guidance. The content of the PSHE and Citizenship programme, including learning outcomes will include the following topics:

1. Personal, Social and Health Education
2. Relationships and Sex Education
3. Drugs Education
4. Healthy Eating
5. Physical Activity – promoting well-being
6. Emotional Health and Well-being including mental health
7. Physical and Social Environment
8. Child Protection and Online Safety
9. Citizenship and British Values including extremism
10. Equality and Diversity
11. Financial Literacy
12. Work Related Learning

13. Careers Education and Guidance

(An outline of the full curriculum programme and schemes of work is available in the curriculum maps on the school website.)

Organisation

The Head of PSHE will co-ordinate the overall planning and delivery of the programme in close co-operation with the SLT support manager and the PSHE team. There will be regular liaison with the SLT line manager, named link Trustee and consultation with Parents/Carers. Students will receive one hour per week of timetabled PSHE and Citizenship curriculum in KS3 and 4, except in Year 9 where current provision is one hour per fortnight, together with other PSHE and Citizenship activities and events as detailed above. In year 12 students have one session per fortnight and additional sessions in tutor time. A variety of relevant resources are used as a basis for planning curriculum content, these are detailed in the schemes of work.

The knowledge, skills and understanding outlined in the curriculum framework will inform the available choice of approaches to teaching and learning. A wide range of teaching strategies will be utilised to provide the breadth of effective learning opportunities outlined in the framework for all young people. These include:

- an emphasis on active learning
- enquiry and discussion

The needs of young people are reflected in the planned programme by drawing on young people's own experiences and existing knowledge, for example through the use of:

- surveys and questionnaires
- focus groups, the Teen Health Group including the School Nurse
- evaluation forms from particular events

At present a specialist team of teachers are trained and allocated time to deliver the PSHE and Citizenship programme across all year groups, and they are supported by an in-service training programme.

Specific Issues

- Answering Difficult Questions

Sometimes an individual young person will ask an explicit or difficult question in the classroom. Questions do not have to be answered directly and can be addressed later. This school believes that individual teachers must use their skill and discretion in these situations and refer to the Head of PSHE. Ground rules should be embedded and strictly adhered to in all PSHE/Citizenship lessons. Young people occasionally make personal disclosures, either in class or to individual teachers. The Safeguarding policy provides guidance for teachers on this matter and should be referred to in conjunction with this policy.

- Use of External Organisations

A growing number of organisations and visitors, including the police, drugs services, theatre in education groups, local business people and health professionals are actively involved in supporting the PSHE and Citizenship curriculum in our school. Careful consideration is given to the content, co-ordination and consistency of messages presented to young people and an outside agency is only used to enhance the current programme, not to replace teacher led delivery.

Assessment, Recording and Reporting of the Programme

Assessment for PSHE will be carried out in a variety of ways including:

- baseline assessments
- young people's reflection
- teachers' reflection
- feedback from Parents/Carers

The assessment model that is in place links with assessment for learning so that all students are set personal targets for improvement in PSHE and Citizenship which are included in their reports.

The Assistant Headteacher supporting PSHE will liaise with the Head of PSHE who will monitor the impact of the programme annually with reference to the defined learning outcomes and young people's responses. Any relevant comments from recent OfSTED inspections or other evaluations completed will also be included in the evaluation and review process. An annual SEF report will be made by the Head of Department to the SLT which, in turn, will be fed back to Trustees.

Teachers, in discussion with young people, should arrive at a rounded judgement by taking into account student achievements, strengths and areas for development across a range of contexts and over a period of time. The young people's achievements will be reported each term to Parents/Carers via the individual school reports.

The King's School is also keen to recognise and promote student achievements in a wide range of activities and events through assemblies, weekly newsletters and other means such as social media.

Dissemination of this Policy

All staff members and Trustees will have access to a copy of this policy. Copies are available to view upon request, and a short summary of this policy is included in the school prospectus. A copy of the policy is also available on the school website.