

Yr 8 PSHE/Citizenship
Schemes of Work 2024-25

<u>Week beg</u>	<u>Lesson Topic</u>	<u>Brief outline</u>	<u>Theme</u>
1	Intro & ground rules	Communication skills	Relationships
2	Who am I	Self-identity	Relationships
3	Family – Roles and responsibilities	Different family dynamics	Relationships
4	Death and Divorce	What is death and divorce. How can that impact an individual	Relationships
5	Media and relationships	How can the media influence what we think and feel about relationships	Relationships
6	Managing conflict	Conflict resolution	Relationships
7	Boundary setting	What is a boundary within a relationship. How can we set boundaries?	Relationships
HALF TERM			
1	Healthy Vs Unhealthy relationships	What is a healthy/unhealthy relationship?	Relationships
2	Puberty	What is puberty. What are the physical changes during puberty	Relationships
3	Adolescence	What are the emotional changes during puberty	Relationships
4	Intimate relationships	What is an intimate relationship	Relationships
5	Consent & the Law	What is consent and the laws surrounding sex	Relationships
6	Consent & Communication	How do you establish consent in a relationship? How can we communicate that to another person	Relationships
7	Christmas fun		Relationships
CHRISTMAS HOLIDAY			
1	Risk taking	What is a risk? Why do we take risks?	Health & Wellbeing
2	Sugar and energy drinks	Sugar and energy drinks impact on your bodies	Health & Wellbeing
3	What are drugs?	Types of drugs and their impact on the body.	Health & Wellbeing
4	Alcohol	What is alcohol. What are the health impacts on the body.	Health & Wellbeing
5	Nicotine and Vaping	What are the social	Health & Wellbeing
6	Addiction	What is addiction	Health & Wellbeing
HALF TERM			
1	Me and My Motivations	What motivates me	Living in the wider world
2	Growth Mindset	How to have a positive and open minded mindset	Living in the wider world
3	Future Jobs and Gender Pay Gap	What might jobs of the future look like.	Living in the wider world

Yr 8 PSHE/Citizenship
Schemes of Work 2024-25

		What is the gender pay gap, and why may that have occurred.	
4	Career Research Project	What do I want to do in the future.	Living in the wider world
5	Diversity in the Workplace	Why is it good to have diversity in the workplace	Living in the wider world
6	Career Games	Games around career exploration.	Living in the wider world
EASTER BREAK			
1	Introduction to online safety	What is online safety.	Health & Wellbeing
2	Online Grooming	What is Online Grooming. How do we know the signs?	Health & Wellbeing
3	What media do we trust?	Fake news and why people may use online media to influence us.	Health & Wellbeing
4	Extremism and Radicalisation	What is extremism and radicalisation? What are the signs to look out for?	Health & Wellbeing
5	Online Safety – Dos and Don'ts		Health & Wellbeing
6	Sexting	What is sexting? What are the laws and how to stop feeling pressured into it	Health & Wellbeing
HALF TERM			
1	Introduction to finances	How much does it cost to run a household?	Living in the wider world
2	Gambling	What is gambling and how can it affect us.	Living in the wider world
3	Advertising	How is advertising trying to influence us	Living in the wider world
4	Money Mules	What is a money mule?	Living in the wider world
5	Financial Literacy Challenge	Cost of Living challenge. You have a budget, and you must fill a flat.	Living in the wider world
6	Project Week		
7	End of Year Fun		