**YEAR 10 GCSE DANCE CURRICULUM MAP 2022-23**

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| **AUTUMN TERM** | **SPRING TERM** | **SUMMER TERM** |
| **TERM 1****5th Sept-21st Oct 7 wks** | **TERM 2****31st Oct -16th Dec 7 wks** | **TERM 1****3rd Jan-10th Feb 6 wks** | **TERM 2****20th Feb-31st March 6 wks** | **TERM 1****17th Apr-26th May 6 wks** | **TERM 2****5th Jun-21st Jul 6 wks** |
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| **Focus*****Performance:**** Technical & physical skills including:
* Posture, Alignment, Balance, Coordination, control.
* Safe practice including:
* Warm up & cool down
* Appropriate dancewear, footwear, hairstyle & absence of jewellery.
* Learn 1 set phrase: Breathe
* Expressive skills:
* Projection, focus, spatial awareness, facial expression, phrasing.

***Choreography & Performance:**** Basic compositional skills: Motif & motif development, A, S, D, R. Learn a short motif and develop in groups.
* Teach phrases from **A Linha Curva**: Liris, Robson and Adage. Explore Capoeira section using contact work.
* Devise a whole class piece using above phrases and students own material.

***Appreciation:**** Introduce Component 2 theory paper.
* Study **A Linha Curva**: Analysis of:

features of production, movement, choreographic devices, structure, and choreographic intent.* Sec A Performance: Theory on Physical skills and safe practice from practical lessons.
 | **Focus*****Performance:**** Technical & physical skills:
* Flexibility, mobility, strength, stamina, extension, isolation
* Physical & mental skills:
* Continue developing Physical skills through rehearsal of Set phrase Breathe.
* Develop accuracy of actions, dynamic & spatial content in set phrase.
* Refine set phrase by developing movement memory & confidence.

***Choreography & Performance:**** Learn phrases from **Shadows**: Explore movement from Daughters solo and develop in pairs and mother & father duet. Create a fear Motif.

***Appreciation:**** Analysis of **Shadows**: features of production, movement, choreographic devices, structure, and choreographic intent.
* Sec B Own work: Physical & technical skills
 | **Focus*****Performance:**** Technical & physical skills:
* Revisit Set phrase Breathe.
* Learn 2nd Set phrase Shift. Continue to develop Physical, technical and Expressive skills through the set phrases.
* Learn phrases from Flux & Scoop to use for performance piece.
* Put students into duo/trio groups and start to explore performance piece.
* Mental skills:
* Movement memory
* Repetition
* Safe practice:
* Nutrition- create a food diary
* Hydration

***Choreography & Performance:**** Develop movement from Shadows and scoop and flux to build ideas for performance piece.
* Create and develop short motifs in their groups.

***Appreciation:**** Continue analysing **Shadows.**
* Start analysis of **Infra**: Features of production, movement content, structure & devices, Choreographic intent.
 | **Focus*****Performance:**** Technical & physical skills:
* Continue to develop physical and technical skills through the refinement of set phrases.
* Continue to develop the performance piece
* Develop mental skills & expressive skills with the set phrase in preparation for a mock.

***Choreography & Performance:**** Create short sections of material for their performance piece in their groups.
* Learn material from **Infra** and explore McGregor’s working methods: SHOW, MAKE, TASK.

***Appreciation:**** Continue analysis of **Infra**
* Analysis of **Emancipation of Expressionism:** Features of production, movement content, structure & devices, Choreographic intent.
 | **Focus*****Performance:**** Technical & physical skills:
* Continue to develop physical and technical skills through the refinement of set phrases.
* Expressive skills:
* Develop skills in the set phrases
* Continue to develop and structure movement material for Performance piece.

***Choreography:**** Workshops exploring different stimuli & starting points:
* Improvise in response to a stimulus
* Generate movement material
* Understanding the importance of selecting & discarding material.
* Developing motifs & structuring
* Task: Choreograph a short group dance (2-5 dancers) that is a response to a stimulus of your own choice

***Appreciation:**** Finish analysis of **Eof E**
* Look at knowledge and understanding of Sec A Choreographic processes
* Sec B own work: Physical, technical & expressive.
 | **Focus*****Performance:**** Technical & physical skills:
* Refine set phrases focusing on physical, technical & expressive skills.
* Physical & Mental skills:
* Finish performance piece focusing on relationships, timing, rhythm & style.
* Rehearse set phrases & performance piece & use feedback & targets to improve. Mock assessment of set phrase & performance piece.

***Choreography***:* Complete mock choreography piece for assessment.

. ***Appreciation:**** Revisit all works in preparation for mock exam
* Sec A & B
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| **Assessment**Mock assessment 1 on Set phrase Breathe.Written tasks on A Linha Curva including 6 & 12 mark exam questions | **Assessment**Mock assessment 2 on Set phrase Breathe. Written task on Shadows including 6 & 12 mark exam questions | **Assessment**Mock assessment 1 on Set Phrase Shift.Written tasks on Shadows/Infra including 6 & 12 mark exam questions | **Assessment**Mock assessment 2 on Set phrase Shift. Written tasks on Infra including 6 & 12 mark exam questions | **Assessment**Mock assessment 1 on performance pieceReview 3 works through short written tasks including 6 & 12 mark questions. | **Assessment**Mock assessment 2 on performance pieceReview/feedback on choreography ideasSummer mock exams-written |
| **Key Dates/events** | **Key Dates/events**House Dance | **Key Dates/events**Possible theatre trip | **Key Dates/events**Rambert Dance Company theatre trip | **Key Dates/events**London trip? | **Key Dates/events** |