



THE KING'S SCHOOL

OTTERY ST MARY • DEVON • EX11 1RA • TEL 01404 812982

Founded 1545 Headteacher: Mr Rob Gammon BSc Hons PGCE NPQH

June 2026

Dear Parent/Guardian,

Project Week 2026

ADRENALINE B: MONDAY 6TH – THURSDAY 9TH JULY 2026

Your child is due to take part in the Adrenaline B four-day project block during Project Week 2026.

Please see below details of the four days, including equipment required and forms that need to be returned via Edulink. Each day students should bring a **packed lunch and enough fluids to last the day** (this will be provided for any student entitled to free school meals).

Jewellery **must not be worn** for any of the four days.

MONDAY 6th July – Red Rock Outdoor Ltd – Kayaking, SUP & Archery Tag

We will be travelling to Orcombe Point, Exmouth by coach, departing at **9am prompt**. The group will return by 3.20pm to travel home via their usual mode of transport.

Students will experience a range of activities throughout the day including water-based kayak activities, stand-up paddleboarding and archery tag.

Students must do / bring the following:

- ✓ Have a big breakfast prior to departure as this activity is physically strenuous
- ✓ Comfortable clothing for outdoor activities – long trousers or leggings are required for some activities, but pack shorts too if the weather is hot
- ✓ Sturdy comfortable footwear - trainers are ideal. **No sandals, crocs, flip flops or open-toe shoes.**
- ✓ Swimwear (wetsuits will be provided)
- ✓ Spare pair of old trainers to wear in the sea
- ✓ Change of dry clothing
- ✓ Towel
- ✓ Refillable water bottle
- ✓ Sun cream and hat
- ✓ Any medication that is or may be required for any current illness/allergies, e.g. antihistamine/inhalers for students with allergies/asthma as the activity is physically strenuous

Please note that there are no changing facilities at this location. **Students should come to school with swimwear underneath travel clothing.**

TUESDAY 7th July – Raceworld Indoor Karting

We will be travelling to Raceworld by coach and will depart from The King's School at **9am prompt**. The group will return by 3.20pm to travel home via their usual mode of transport.

A reminder that drivers must be **over 1.55m tall** to participate, be able to reach the pedals and be physically able to drive the karts safely. Drivers outside of/close to the height restrictions detailed above may be required to drive in a modified kart.



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Students will need to wear **suitable, comfortable clothing**. Comfortable trainers should be worn – **no open-toe shoes, slip on shoes, flip-flops or crocs are permitted**.

Balaclavas or a head covering are mandatory at Raceworld. Raceworld will provide balaclavas free of charge for all drivers, however if your child has their own, they are welcome to use these. Students will not be allowed to race without a balaclava. Long hair must be securely tucked into race suits.

Students with any current illness/allergies/asthma should remember their medication/antihistamine/inhalers for this activity.

Parents of all participating students must have read and agreed to the Raceworld Terms & Conditions, which are attached to this email.

WEDNESDAY 8th July – Vivary Adventure Centre, Taunton – High Ropes

We will be travelling to Vivary Park by coach and will depart at **9am prompt**. The group will undertake a range of activities, which may include Low Ropes, High Ropes, Power Fan Descender, Climbing Wall, and Gladiator Challenge.

The group will return to school by 3.20pm to allow students to travel home via their usual mode of transport.

Students must bring the following:

- ✓ Sturdy footwear – **shoes with laces must be worn.**
- ✓ Comfortable clothing suitable for outdoor activity
- ✓ Waterproof coat if wet
- ✓ Sun cream and hat
- ✓ Refillable water bottle
- ✓ Any medication that is or may be required for any current illnesses/allergies, e.g. antihistamine/inhalers for students with allergies/asthma

Hoodies, scarves, skirts/dresses, ties or baggy clothing must not be worn.

Long hair **must** be tied back.

Parents of all participating students must have read and signed a Vivary Park Risk Acknowledgement Waiver, a copy of which will follow separately via EduLink.

THURSDAY 9th July – Exe Wake Watersports – Rib Rides & Knee Boarding

We will be travelling to Exmouth Marina by coach and will depart at **9am prompt**. **Please note that there will be a late return for this activity. Students will return to school at approximately 5pm. Parents must make arrangements for collection or transport home.**



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Lifejackets will be provided by Exe Wake and must be worn at all times.

Students must bring the following:

- ✓ Swimwear. **Please wear swim kit under travel clothes to assist with speed of changing on arrival.**
- ✓ Wetsuits will be provided, but students may bring their own.
- ✓ Towel
- ✓ Waterproof coat if wet
- ✓ Change of dry clothing
- ✓ Sun cream and hat
- ✓ Refillable water bottle
- ✓ Any medication that is or may be required for any current illnesses/allergies, e.g. antihistamine/inhalers for students with allergies/asthma

Parents of all participating students must have completed and agreed to the Exe Wake Risk Acknowledgement and Health Declaration Form 2026, which will follow separately via Edulink.

Your child will be asked to sign a Code of Conduct in school before Project Week and a copy is attached for your information.

Please be aware that, if your child commits a serious breach, or persistent breaches, of the school's behaviour policy during Project Week they may be removed from their designated activity and a refund will not be issued.

The school takes no responsibility for mobile phones / iPods / cameras should they be lost or stolen.

PLEASE ENSURE THAT YOU HAVE READ ALL THE ABOVE INFORMATION AND HAVE RETURNED THE PARENTAL CONSENT FORM AND WAIVERS VIA EDULINK BY 3.30PM ON FRIDAY 12TH JUNE 2026

If you would like further information or have any concerns about this trip, please contact me via email or by telephone on 01404 812982.

Yours faithfully,

Mrs Lisa Lewis
Project Week Lead